

## ABNORMAL UTERINE BLEEDING (AUB) PROVIDERS – METRO AUCKLAND

Please contact [nor-womenshealthpc@tewhatuora.govt.nz](mailto:nor-womenshealthpc@tewhatuora.govt.nz) for any additions or amendments to this list

If you are unable to refer to a GP colleague, the Māngere LARC/AUB clinic can accept referrals,  
contact [nor-womenshealthpc@tewhatuora.govt.nz](mailto:nor-womenshealthpc@tewhatuora.govt.nz)

AUCKLAND/WAITEMATA		
Practice	Name	Email
<b>Birkenhead Medical Centre</b> T: 09 419 1636	Claire Han	<a href="mailto:admin@birkenheadmedical.co.nz">admin@birkenheadmedical.co.nz</a>
<b>Family Health Matters</b> T: 09 973 4106	Michal Noonan	<a href="mailto:reception@fhm.co.nz">reception@fhm.co.nz</a>
<b>Hillside Medical Centre</b> T: 09 625 9068	Dr Foong Yeen Chan Dr Ang Liu	<a href="mailto:reception@hillsidemedical.co.nz">reception@hillsidemedical.co.nz</a>
<b>Lifeline Medical Centre Ōtāhuhu</b> T: 09 276 2822	Sobia Imran	<a href="mailto:reception@lifelinemedical.co.nz">reception@lifelinemedical.co.nz</a>
<b>Mt Wellington Family Health Centre</b> T: 09 570 2999	Kirsty Good	<a href="mailto:info@mtwellingtondocs.co.nz">info@mtwellingtondocs.co.nz</a>
<b>Panmure Medical Centre</b> T: 09 570 4019	Grant Robertson	<a href="mailto:reception.panmed@gmail.com">reception.panmed@gmail.com</a>
<b>Three Kings Accident &amp; Medical</b> T: 09 625 2999	Himali McInnes Kate Harrison	<a href="mailto:admin@threekings.co.nz">admin@threekings.co.nz</a>
<b>Three Kings Family Medical Centre</b> T: 09 625 8998	Dr Connie Juhn Dr Amy Aspoas	<a href="mailto:reception@tkfmc.co.nz">reception@tkfmc.co.nz</a>

\*Accepts referrals from enrolled patients only

EASTERN		
Practice	Name	Email
<b>Beachlands Medical Centre</b> T: 09 536 6006	Naghm Hawa Rebecca Starr	<a href="mailto:manager@beachmed.co.nz">manager@beachmed.co.nz</a>
<b>Botany Junction Medical Centre</b> T: 09 265 0321	Ahmed Kareem Carlos Lam Yang Jayani Kannangara Sonia Kamdar Therese Khella Wen Chen Yimin Wang	<a href="mailto:nurse@bjdocs.co.nz">nurse@bjdocs.co.nz</a>
<b>Botany Medical and Urgent Care</b> T: 09 280 1790	Naghm Hawa Salam Salih	<a href="mailto:reception@botanygp.co.nz">reception@botanygp.co.nz</a>
<b>Botany Town Centre Medical Practice</b> T: 09 273 6003	Pieter Vosloo Dr Chantelle Kahl	<a href="mailto:admin@bmp.nz">admin@bmp.nz</a>
<b>Clendon Family Health Centre</b> T: 09 267 2636	Dr Bhavana Patel Dr Lisa Karl	<a href="mailto:bhavana@clendonfamily.co.nz">bhavana@clendonfamily.co.nz</a> <a href="mailto:Lisa@clendonfamily.co.nz">Lisa@clendonfamily.co.nz</a> <a href="mailto:admin@clendonfamily.co.nz">admin@clendonfamily.co.nz</a>
<b>Crawford Medical Centre</b> T: 09 538 0083	Bruce Greenfield Dr Bradford Volk	<a href="mailto:nurse@crawfordmedical.co.nz">nurse@crawfordmedical.co.nz</a>
<b>DW Family Doctors</b>	Dr David Wu	<a href="mailto:infodwdoctors@gmail.com">infodwdoctors@gmail.com</a>

EASTERN		
T: 09 576 5177	Dr Yirui (Joyce) Zhang	
<b>Highland Park Medical Centre</b> T: 09 535 8095	Brett Hyland Joyce Leung* Wendy Chan	<a href="mailto:bretthyland@highlandpark.co.nz">bretthyland@highlandpark.co.nz</a> <a href="mailto:lydia@highlandpark.co.nz">lydia@highlandpark.co.nz</a> <a href="mailto:medical@highlandpark.co.nz">medical@highlandpark.co.nz</a>
<b>Howick Health and Medical Centre</b> T: 09 534 3978	Amanda Sew Hoy Amy Rankin	<a href="mailto:amyh.rankin@gmail.com">amyh.rankin@gmail.com</a> <a href="mailto:reception@howickhealth.co.nz">reception@howickhealth.co.nz</a>
<b>Howick House Medical</b> T: 09 535 8797	Bronwyn Lloyd	<a href="mailto:reception@howickhouse.co.nz">reception@howickhouse.co.nz</a>
<b>Local Doctors Dannemora</b> T: 09 274 7823 ext. 9935	Janan Mansour Tanvir Kaur	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>
<b>Marina Medical Centre</b> T: 09 534 5414	Pei Yeong* Yirui (Joyce) Zhang	<a href="mailto:info@marinamedical.co.nz">info@marinamedical.co.nz</a>
<b>Millhouse Integrative Medical Centre</b> T: 09 537 4980	Aileen Wong Satya Subramanian Therese Khella	<a href="mailto:aileenwong@millhousemedical.co.nz">aileenwong@millhousemedical.co.nz</a> <a href="mailto:satya@millhousemedical.co.nz">satya@millhousemedical.co.nz</a> <a href="mailto:reception@millhousemedical.co.nz">reception@millhousemedical.co.nz</a>
<b>Ormiston Medical Centre</b> T: 09 265 1325	Lily Liu	<a href="mailto:info@ormistonmedical.co.nz">info@ormistonmedical.co.nz</a>
<b>Tend Pakuranga Medical Centre</b> T: 09 950 7351	Bushra Kadhim Eileen Sables Simon Russell	<a href="mailto:auckland@tend.co.nz">auckland@tend.co.nz</a> <a href="mailto:auckland@tend.co.nz">auckland@tend.co.nz</a> <a href="mailto:auckland@tend.co.nz">auckland@tend.co.nz</a>

FRANKLIN		
Practice	Name	Email
<b>Pukekohe Family Health Care</b> T: 09 237 028	Aileen Elborough Rattan Saini*	<a href="mailto:contact@pukekohehealth.co.nz">contact@pukekohehealth.co.nz</a>
<b>Pukekohe South Doctors</b> T: 09 237 0286	Louimillsa Sinclair	<a href="mailto:reception@pukekohesouthdoctors.co.nz">reception@pukekohesouthdoctors.co.nz</a>
<b>Waiuku Health Centre</b> T: 09 235 9102	Nicola Coombes* Sasha Maxwell	<a href="mailto:admin@waiukumedical.co.nz">admin@waiukumedical.co.nz</a>

MANGERE		
Practice	Name	Email
<b>Bader Drive Health Care Mangere</b> T: 09 275 8598	Hina Lutui Nua Tupai	<a href="mailto:womenshealth@bdhealthcare.co.nz">womenshealth@bdhealthcare.co.nz</a>
<b>Dr John Upsdell - Doctors Clinic</b> T: 09 278 7214	John Upsdell*	
<b>Local Doctors Mangere</b> T: 09 274 7823 ext. 9935	Lamara Kandelaki	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>
<b>Mangere East Medical Centre</b> T: 09 275 8587	Shelley Roy	<a href="mailto:mangereeastmc@xtra.co.nz">mangereeastmc@xtra.co.nz</a>
<b>Mangere Health Centre</b> T: 09 255 0600	Rekha Das Satya Subramanian Tim Hou Lorrayne Rani (under supervision of Dr Hou)	<a href="mailto:das@mhc.net.nz">das@mhc.net.nz</a> <a href="mailto:subramanian@mhc.net.nz">subramanian@mhc.net.nz</a> <a href="mailto:tim.hou@mhc.net.nz">tim.hou@mhc.net.nz</a> <a href="mailto:lorryne@mhc.net.nz">lorryne@mhc.net.nz</a>
<b>Mangere LARC/AUB Clinic</b> T: 021 371586		<a href="mailto:nor-womenshealthpc@tewhatuora.govt.nz">nor-womenshealthpc@tewhatuora.govt.nz</a> Accepts Referrals

MANGERE		
<b>The Doctors Middlemore</b> T: 09 275 9977	Dr Indira Wickramasinghe	<a href="mailto:info@md.thedoctors.co.nz">info@md.thedoctors.co.nz</a> <i>Accepts Referrals</i>
<b>Turuki Health Care</b> T: 09 275 5788	Janet Vaughan Emalia Lavemai Katrina Kirikino Thealyssa Ng	<a href="mailto:mangere@thc.org.nz">mangere@thc.org.nz</a>

MANUKAU		
Practice	Name	Email
<b>Counties Medical Integrated Health Centre</b> T: 09 299 9384	Amelia Tuyay*	<a href="mailto:Amy.Tuyay@countiesmedical.co.nz">Amy.Tuyay@countiesmedical.co.nz</a>
<b>Bakerfield Medical &amp; Urgent Care Clinic</b> T: 09 263 7770	Sahar Bahnan	<a href="mailto:manager@bakerfield.co.nz">manager@bakerfield.co.nz</a>
<b>Clendon Medical Centre</b> T: 09 267 4525	Richard Kenner	<a href="mailto:reception@clendonmed.co.nz">reception@clendonmed.co.nz</a>
<b>Counties Medical Family Health GP Clinic</b> T: 09 299 9384	Amelia Tuyay*	<a href="mailto:Amy.Tuyay@countiesmedical.co.nz">Amy.Tuyay@countiesmedical.co.nz</a>
<b>Hunters Corner Medical Centre</b> T: 09 278 5563	Esther Hausia	<a href="mailto:reception@hunterscornermedical.co.nz">reception@hunterscornermedical.co.nz</a>
<b>Local Doctors Takanini</b> T: 09 274 7823 ext. 9935	Paul Hutchison	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>
<b>Papakura East Medical Centre (The Doctors Papakura)</b> T: 09 299 9666 E: admin@pemc.co.nz	Primla Khar Sarah Holmes (will be on leave from late Dec 2025 for an extended time)	
<b>Papakura Family Medicine Clinic</b> T: 09 298 6378	Amelia Tuyay*	<a href="mailto:surgerychoy@gmail.com">surgerychoy@gmail.com</a>
<b>Rosehill Christian Medical Centre</b> T: 09 298 2780	Imelda Quero Dr Melissa Amertil Dr Grace Tong	<a href="mailto:reception@rcmc.org.nz">reception@rcmc.org.nz</a>
<b>Southpoint Family Doctors</b> T: 09 262 0072	Fiona Shepherd Hina Lutui	<a href="mailto:clinical@spfd.co.nz">clinical@spfd.co.nz</a> <a href="mailto:hinamaha@spfd.co.nz">hinamaha@spfd.co.nz</a> <a href="mailto:reception@spfd.co.nz">reception@spfd.co.nz</a>
<b>Te Manu Aute Whare Oranga, Manurewa Marae</b> T: 09 640 0822	Veenita Devi Rairi	<a href="mailto:admin@manurewamarae.co.nz">admin@manurewamarae.co.nz</a>
<b>The Doctors Drury</b> T: 09 294 3005	Sophie Chan	<a href="mailto:admin@drury.thedoctors.co.nz">admin@drury.thedoctors.co.nz</a>
<b>Tiakina Te Ora Medical Practice</b> T: 09 298 0778	Jacqueline Allan	<a href="mailto:admin@tiakinateora.co.nz">admin@tiakinateora.co.nz</a>

OTARA		
Practice	Name	Email
<b>Local Doctors Otara</b> T: 09 274 7823 ext. 9935	Oruba Khalil Sue Tutty	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>

OTARA		
<b>Otara Family and Christian Health Centre</b> T: 09 274 6654	Dr Mark Arbuckle Dr Karina Cooper Dr Sonal Gosai Renee Carroll (Nurse) Delvene Steven	<a href="mailto:mark.arbuckle@otarafamily.health.nz">mark.arbuckle@otarafamily.health.nz</a> <a href="mailto:karina.cooper@otarafamily.health.nz">karina.cooper@otarafamily.health.nz</a> <a href="mailto:Sonal.gosai@otarafamily.health.nz">Sonal.gosai@otarafamily.health.nz</a> <a href="mailto:Renee.carroll@otarafamily.health.nz">Renee.carroll@otarafamily.health.nz</a> <a href="mailto:Delvene.steven@otarafamily.health.nz">Delvene.steven@otarafamily.health.nz</a> <a href="mailto:reception@otarafamily.health.nz">reception@otarafamily.health.nz</a>